

YOUR DAILY POWER LIST

TIME MANAGEMENT SECRET

Many people make the mistake of using their daily to-do list as a parking lot, listing projects and tasks they have no intention of completing that day. Be ruthless when you make your daily list!

MY RIG GOAL

| MY WEEK GOAL |
|--|
| TOP PRIORITIES |
| - Choose a maximum of THREE activities. Strive for ONE needle-moving activity. Working effectively means having less on your list and more clarity in your brain. Celebrate! |
| 1 |
| 2 |
| 3 |
| TO DO TASKS |
| - List all the tasks you know you SHOULD DO |
| |
| NOT TO DO TASKS |
| - List all tasks you should not be doing. Allocate them accordingly. |
| DELEGATE |
| AUTOMATE |
| OUTSOURCE DELETE |